

Heimildir

- Alarcón, G. og Bradley, L.A. (1998). Advances in the treatment of fibromyalgia: current status and future directions [Vefútgáfa]. *The American Journal of the Medical Science*, 315, 397-404.
- Andersson, H.I. (2004). The course of non-malignant chronic pain: a 12-year follow-up of a cohort from the general population [Vefútgáfa]. *European Journal of Pain*, 8, 47-53.
- Arnold, L.M., Keck, P.E. og Welge, J.A. (2000). Antidepressant treatment of fibromyalgia [Vefútgáfa]. *Psychosomatics*, 41, 104-113.
- Ashburn, M.A. og Staats, P.S. (1999). Management of chronic pain [Vefútgáfa] . *THE LANCET*, 353, 1865-1869.
- Aspinwall, L.G. og Durán, R.E.F. (1999). Psychology applied to health. Í Astrid M. Stec og Douglas A. Bernstein (ritstj.). *Psychology: fields of application*. Boston: Houghton Mifflin.
- Becker, N., Thomsen, A.B., Olsen, A.K., Sjøgren, P., Bech, P. og Eriksen, J. (1997). Pain epidemiology and health related quality of life in chronic non-malignant pain patient referred to a Danish multidisciplinary pain center [Vefútgáfa]. *Pain*, 73, 393-400.
- Berry, S.L., Gregory, R. J., og Marning, J. (2000). Pain Location and Psychological Characteristics of Patient With Chronic Pain [Vefútgáfa]. *Psychometrics*, 41, 216-220.
- Bingefors, K. og Isacson, D. (2004). Epidemiology, co-morbidity, and impact on health-related quality of life of self-reported headache and musculoskeletal pain- a gender perspective [Vefútgáfa]. *European Journal of Pain*, 8, 435-450.
- Blyth, F. M., March, L.M, Brnabic, A. J. M. og Cousins. M.J. (2004). Chronic pain and frequent use of health care [Vefútgáfa]. *Pain*, 111, 51-58.

- Blyth, F.M., March, L.M., Brnabic, A.J., Jorm, L.R., Williamson, M. og Cousins, M.J. (2001). Chronic pain in Australia: a prevalence study. *Pain*, 89, 127-134.
- Breen, J. (2002). Transitions in the concept of chronic pain [Vefútgáfa]. *Advances in Nursing Science*, 24, 48-59.
- Breivik, H., Collett, B., Ventafridda, V., Cohen, R. og Gallacher, D. (2006). Survey of chronic pain in Europe: impact on daily life, and treatment [Vefútgáfa]. *European Journal of Pain*, 10, 287-333.
- Campell, L.C., Clauw, D.J. og Keefe, F.J. (2003). Persistent Pain and Depression: A Biopsychosocial Perspective [Vefútgáfa]. *Biological Psychiatry*, 54, 399-409.
- Carr, A.J., Gibson, B. og Robinson, P.G. (2001). Measuring quality of life: Is quality of life determined by expectation of experience? [Vefútgáfa]. *British Medical Journal*, 322, 1240-1243.
- Dersh, J., Polatin, P.B. og Gatchel, R.J. (2002). Chronic Pain and Psychopathology: Research Findings and Theoretical Considerations [Vefútgáfa]. *Psychosomatic Medicine*, 64, 773-376.
- Dickinson, L.M., deGruy, Dickinson og Candib, L.M. (1999). Health-Related Quality of Life and Symptom Profiles of Female Survivors of Sexual Abuse [Vefútgáfa]. *Archives of Family Medicine*, 8, 35-43.
- Dobkin, P.L., Civita, M.D., Bernatsky, Kang, H. og Baron, M. (2003). Does psychological vulnerability determine health-care utilization in fibromyalgia? [Vefútgáfa]. *Rheumatology*, 42, 1324-1331.
- Dysvik, E., Natvig, G.K., Eikeland, O.-J. og Brattberg, G. (2005). Results of Multidisciplinary Pain Management Program: A 6-and 12-Month Follow-up Study [Vefútgáfa]. *Rehabilitation Nursing*, 30, 198-206.

- Eriksen, J., Jensen, Sjøgren, P., Ekholm, O. og Rasmussen, N.K. (2003). Epidemiology of chronic non-malignant pain in Denmark [Vefútgáfa]. *Pain*, 106, 221-228.
- Eriksen, J., Sjøgren, P., Ekholm, O. og Rasmussen, N.K. (2004). Health care utilisation among reported long-term pain: an epidemiological study based on Danish National Health Surveys [Vefútgáfa]. *European Journal of Pain*, 8, 517-523.
- Evans, S., Shipton, E.A. og Keenan, T.R. (2005). Psychological functioning of mothers with chronic pain: a comparison to control free controls [Vefútgáfa]. *European Journal of Pain*, 9, 683-690.
- Feldman, D.E., Shrier, I., Rossignol, og Abenhaim, L. (2001). Risk Factor for Development of Low Back Pain in Adolescence [Vefútgáfa]. *American Journal of Epidemiology*, 154, 30-36.
- Fitzcharles, M.-A. og Boulos, P. (2003). Inaccuracy in the diagnosis of fibromyalgia syndrome: analysis of referrals [Vefútgáfa]. *Rheumatology*, 42, 263-267.
- Garratt, A., Schmidt, L., Mackintosh, A., og Fitzpatrick, R. (2002). Quality of life measurement: bibliographic study of patient assessed health outcome measures [Vefútgáfa]. *British Medical Journal*, 321, 1417-1419.
- Gatchel, R.J. (2001). A Biopsychosocial Overview of Pretreatment Screening of Patient With Pain [Vefútgáfa]. *The Clinical Journal of Pain*, 17, 192-199.
- Green, C.R., Flowe-Valencia, H., Rosenblum, L. og Tait, A.L. (1999). Do Physical And sexual Abuse Differentially Affect Chronic Pain States in Women? [Vefútgáfa]. *Journal of Pain and Symptom Management*, 18, 420-426.
- Guyatt, G.H., Feeny, D.H. og Patrick, D.I. (1993). Measuring Health-related Quality of Life [Vefútgáfa]. *Annals of Internal Medicine*, 118, 622-629.

Heilbrigðis- og Tryggingarmálaráðuneytið (2001). *Heilbrigðisáætlun til ársins 2010:*

langtíma markmið í heilbrigðismálum [Vefútgáfa]. Reykjavík: Höfundar, sótt 12.

október 2005, frá <http://heilbrigdisraduneyti.is/media/Skyrslur/htr2010.pdf>

Helga Lára Helgadóttir (2003). Afturvirkar rannsóknir byggðar á upplýsingum úr sjúkraskrám. Í Sigríður Halldórsdóttir og Kristján Kristjánsson (ritstj.). *Handbók í aðferðafræði og rannsóknum í heilbrigðisvísinum*. Akureyri: Háskólinn á Akureyri.

Higginson, I.J. og Carr, A.J. (2001). Measuring quality of life: Using quality of life measures in the clinical setting [Vefútgáfa]. *British Medical Journal*, 322, 1297-1300.

Hurst, N.P., Kind, P., Ruta, D., Hunter, M. og Stubbings, A. (1997). Measuring health-related quality of life in rheumatoid arthritis: validity, responsiveness of reliability of EUROQOL (EQ-5D) [Vefútgáfa]. *British Journal of Rheumatology*, 36, 551-559.

Ingólfur S. Sveinsson (1998). Lífshættir án streitu: Þegar álag styrkir en skaðar ekki *Heilbrigðismál*, 4, 18-22.

Ingvar Þóroddsson (2005, 11.mars), deildarlæknir Endurhæfingardeildar FSA. *Verkjaskólinn*. Viðtal tekið í Kristnesi.

Ingvar Þóroddsson (2006, 8.maí), deildarlæknir Endurhæfingardeildar Fjórðungssjúkrahússins á Akureyri. *Starfið í Verkjaskólanum*. Viðtal tekið í Kristnesi.

International Association for the Study of Pain (1997). *CURRICULUM ON PAIN FOR STUDENTS IN PSYCHOLOGY*. Sótt 16. mars 2006, frá <http://www.iasp-pain.org/psycho.html>

Jones, A., og Zachariae, R. (2002). Gender, anxiety and experimental pain sensitivity: an overview [Vefútgáfa]. *Journal of American Medical Women's Association*, 57, 91-94.

Katz, D.A., McHorney, C.A. og Atkinson, R.L. (2000). Impact of Obesity on Health-related Quality of life in Patient with Chronic Illness [Vefútgáfa]. *Journal of General Internal Medicine*, 15, 789-796.

- Keel, P. J., Bodoky, C., Gerhard, U. og Müller, W. (1998). Comparison of integrated group therapy and group relaxation training for fibromyalgia [Vefútgáfa]. *The Clinical Journal of Pain, 14*, 232-238.
- Koleck, M., Mazaux, J.-M., Rascale, N. og Bruchon-Schweitzer, M. (2006). Psycho-social factors and coping strategies as predictors of chronic evolution and quality of life in patient with low back pain: A prospective study [Vefútgáfa]. *European Journal of Pain, 10*, 1-11.
- Kristín Þórarinsdóttir (2003). *Upplýsingaöflun fyrir hjúkrun fullorðinna: Heilsufarslyklar: NANDA hjúkrunargreiningar*. Akureyri: Fjórðungssjúkrahúsið á Akureyri.
- Kristín Þórarinsdóttir (e.d.). *Upplýsingaöflun: Skjólstæðingar vita best hvar skóinn kreppir*. Fyrirlestrarglærur Kristínar Þórarinsdóttur lektors í HA og Verkefnisstjóra í skráningu hjúkrunar á FSA.
- Lamé, I. E., Peters, M.L., Vlaeyen, J.W.. Kleef, M. og Patijn, J. (2005). Quality of life in chronic pain is more associated with beliefs about pain, than with pain intensity [Vefútgáfa]. *European Journal of Pain, 9*, 15-24.
- Lampe o.fl. (2003). Chronic pain syndromes and their relation to childhood abuse and stressful life events [Vefútgáfa] . *Journal of Psychosomatic Research, 54*, 361-367.
- Landlæknisembættið (2003). *Áherslur til heilsueflingar*. Reykjavík: Landlæknisembættið.
- Leventhal, L.J. (1999). Management of fibromyalgia [Vefútgáfa]. *Annals of Internal Medicine, 131*, 850-858.
- Lilja Guðmundóttir (2006, fimmtudagur, 4.maí). Stuðningur við öryrja. *Morgunblaðið, 28*.
- Magnús Ólason (2001, janúar). *Meðferð langvinnra verkja, þverfagleg nálgun*. Erindi flutt á Vísindaráðsstefnu á vegum læknadeildar Háskóla Íslands. Tekið 15. október 2005 frá slóðinni: http://www.laeknabladid.is/2000/fylgirit/16/agrip-erinda/nr/1250#E_86_Meðferð_langvinnra_verkja,_þverfagleg_nálgun

- Mason, L.W., Goolkasian, P. og McCain, G.A. (1998). Evaluation of a multimodal treatment program for fibromyalgia [Vefútgáfa]. *Journal of Behavioral Medicine*, 21, 163-178.
- Maurischart, C., Härter, M., Kerns, R.D. og Bengel, J. (2006). Further support for the pain stages of change model: Suggestion for improved measurement [Vefútgáfa]. *European Journal of Pain*, 10, 41-49.
- McCracken, L.M. og Turk, D.C. (2002). Behavioral and Cognitive-Behavioral Treatment for Chronic Pain: Outcome, Predictors of Outcome, and Treatment Process [Vefútgáfa]. *SPINE*, 27, 2564-2573.
- Mendlowicz, M.V. og Stein, M.B. (2000). Quality of Life in Individuals With Anxiety Disorders [Vefútgáfa]. *American Journal of Psychiatry*, 157, 669-682.
- Merlijn, V.P.B.M., Hunfeld, J.A.M., van der Wouden, J.C., Hazebroek-Kampschreur, A.A.J.M., van Suijlekom-Smit, L.W.A., Koes, B.W., og Passchier, J. (2005). A cognitive-behavioural program for adolescent whith chronic pain- a pilot study [Vefútgáfa]. *Patient Education and Counseling*, 59, 126-134.
- Michalos, A. C. (2004). Social indicators research and health-related quality of life research [Vefútgáfa]. *Social Indicators Research*, 65, 27-72.
- Námsmatsstofnun (e.d.). *Upplysingar um mælitækið*. Sótt 12.apríl 2006, frá http://www.namsmat.is/vefur/stodlud_prof/heilsutengd_lifs/uppl.html
- Nicholson, K., og Martelli, M. F. (2004). The problem of pain [Vefútgáfa]. *Journal of Head Trauma Rehabilitation*, 19, 2-9.
- Nikulás Sigfússon, Gunnar Sigurðsson, Aperlund, T. og Vilmundur Guðnason (2006). Skaðleg áhrif reykinga á heilsufar hafa verið verulega vanmetin: Niðurstöður úr hóprannsókn Hjartaverndar [Vefútgáfa]. *Læknablaðið*, 92, 263-269.
- Ohayon, M.M. (2005). Relationship between chronic painful physical condition and insomnia [Vefútgáfa]. *Journal of Psychiatric Research*, 39, 151-159.

- Ospina, M. og Harstall, C. (2002). *Prevalence of chronic pain: an overview* [Vefútgáfa]. Health Technology Assessment. Alberta Heritage Foundation for Medical Research.
- Pallant, J. (2005). SPSS Survival manual (2. útg.). Maidenhead, UK: Open University Press.
- Quisel, A., Gill, J. og Walters, D. (2004). Exercise and antidepressants improve fibromyalgia [Vefútgáfa]. *The Journal of Family Practice*, 53, án bls.
- Raphael, D. o.fl. (1999). The Community Quality of Life Project: a health promotion approach to understanding communities [Vefútgáfa]. *HEALTH PROMOTION INTERNATIONAL*, 14, 197-209.
- Redondo, J.R, o.fl. (2004). Long-term efficacy of therapy in patients with fibromyalgia: a physical exercise-based program and cognitive-behavioral approach [Vefútgáfa]. *Arthritis & Rheumatism*, 51, 184-192.
- Réthelyi, J.M., Berghammer, R., Ittzés, A., Szumska, I., Purebl, G. og Csoboth, C. (2004). Comorbidity of chronic pain problems and depressive symptoms in young women: results from a cross-sectional survey among women aged 15-24 in Hungary [Vefútgáfa]. *European Journal of Pain*, 8, 63-69.
- Richards, S. og Clare, A. (2000). Treating fibromyalgia [Vefútgáfa]. *Rheumatology*, 39, 343-346.
- Rollman, G.B., Abdel-Shaheed, J., Gillespie, J.M. og Jones, K.S. (2004). Does past pain influence current pain: biological and psychological models of sex differences [Vefútgáfa]. *European Journal of Pain*, 8, 427- 433.
- Rustøen, T., Wahl, A.K., Hanestad, B.R., Lerdal, A., Paul, S. og Miaskowski, C. (2004). Prevalence and characteristics of chronic pain in the general Norwegian population [Vefútgáfa]. *European Journal of Pain*, 8, 555-565.

- Salaffi, F., Stancati, A., Silvestri, C.A., Ciapetti, A. og Grassi, W. (2004). Minimal clinically importance in changes in musculoskeletal pain intensity measured on a numerical rating scale [Vefútgáfa]. *European Journal of Pain*, 8, 283-291.
- Schalock, R.L. (2004). The concept of quality of life: what we know and do not know [Vefútgáfa]. *Journal of Intellectual Disability Research*, 48, 203-216.
- Schlenk, E.A. o.fl. (1998). Health related quality of life in chronic disorders: a comparison across studies using the MOS SF-36 [Vefútgáfa]. *Quality of Life Research*, 7, 57-65.
- Schlesinger, L. (1996). Chronic pain, intimacy and sexuality: A qualitative study of women who live with pain [Vefútgáfa]. *The Journal of Sex Research*, 33, 249-256.
- Scott, S.C., Goldberg, M.S., Mayo, N.E., Stock, S.R. og Poîtras, B. (1999). The Association Between Cigarette Smoking and Back Pain in Adults [Vefútgáfa]. *SPINE*, 24, 1090-1098.
- Sigríður Hrönn Bjarnadóttir (2002). *Streita eða slökun*. Sótt 26. apríl 2006, frá vefsíðu Landlæknisembættisins, Heilsan í brennidepli:
<http://www.landlaeknir.is/template1.asp?PageID=383>
- Sigríður Lára Guðmundsdóttir, Díana Óskarsdóttir, Leifur Franzson og Ólafur Skúli Indriðason (2004). Samband líkamlegrar þjálfunar við þyngdarstuðul, fitumassa og gripstyrk í íslensku þýði [Vefútgáfa]. *Læknablaðið*, 90, 479-786.
- Sigurður Thorlacius og Sigurjón B. Stefánsson (2004). Algengi örorku á Íslandi 1. desember 2002 [Vefútgáfa]. *Læknablaðið*, 90, 21-25.
- Sigurður Thorlacius, Gunnar Kr. Guðmundsson og Friðrik H. Jónsson (2002a). Starfshæfni eftir starfendurhæfingu á vegum Tryggingastofnunar ríkisins [Vefútgáfa]. *Læknablaðið*, 88, 407-411.

- Sigurður Thorlacius, Gunnar Kr. Guðmundsson og Friðrik H. Jónsson (2002b). Viðhorf skjólstæðinga til starfsendurhæfingar á vegum Tryggingastofnunar ríkisinsnar ríkisins [Vefútgáfa]. *Læknablaðið*, 88, 641-644.
- Sigurður Thorlacius, Sigurjón B. Stefánsson, Halldór Baldursson og Haraldur Jóhannsson (2004). Endurhæfingarlífeyrir eða örorkubætur? Aldur, kyn og sjúkdómsgreiningar við fyrsta mat tryggingalæknis [Vefútgáfa]. *Læknablaðið*, 90, 681-684.
- Sigurður Thorlacius, Sigurjón B. Stefánsson, Ranavaya, M.I. og Walker, R. (2002c). Vefjagigt og kvíðaröskun [Vefútgáfa]. *Læknablaðið*, 88, 815-818.
- Skevington, S.M. (1998). Investigating the relationship between pain and discomfort and quality of life using WHOQOL [Vefútgáfa]. *Pain*, 76, 395-406.
- Skouen, J.S., Grasdal, A. og Haldorsen, E.M.H. (2006). Return to work after comparing outpatient multidisciplinary treatment programs versus treatment in general practice for patients with chronic widespread pain [Vefútgáfa]. *European Journal of Pain*, 10, 145-152.
- Soares, J.J.F. og Jablonska, B. (2006). Psychological experience among primary care patients with and without musculoskeletal pain [Vefútgáfa]. *European Journal of Pain*, 8, 79-89.
- Sprangers, M.A.G. og Schwartz, C.E. (1999). Integrating response shift into health-related quality of life research: a theoretical model [Vefútgáfa]. *Social Sciences & Medicine*, 48, 1507-1515.
- Stefán Hjörleifsson (2004). Inngangur. Í Ólafur Páll Jónsson og Andrea Ósk Jónsdóttir (ritstj.). *Sjúkdómsvæðing*. Reykjavík: Siðfræðistofnun.
- Strine, T.W., Chapman, D.P., Kobau, R. og Balluz, L. (2005). Associations of self- reported anxiety symptoms with health-related quality of life and health behaviors [Vefútgáfa]. *Social Psychiatry and Psychiatric Epidemiology*, 40, 432-438.

- Sturm, R. (2002). The Effect Of Obesity, Smoking, And Drinking On Medical Problems And Costs [Vefútgáfa]. *HEALTH AFFAIRS*, 21, 245-253.
- Tómas Helgason, Július K. Björnsson, Kristinn Tómasson og Erla Grétarsdóttir (2000a). Heilsutengd lífsgæði Íslendinga [Vefútgáfa]. *Læknablaðið*, 86 , 251-257.
- Tómas Helgason, Július K. Björnsson, Kristinn Tómasson, Erla Grétarsdóttir, Halldór Jónsson, Tómas Zoëga, Þórður Harðarson og Guðmundur Vikar Einarsson (2000b). Heilsutengd lífsgæði sjúklinga fyrir og eftir meðferð [Vefútgáfa]. *Læknablaðið*, 89, 422-428.
- Turk, D.C. og Okifuji, A. (2002). Psychological Factors in Chronic Pain: Evolution and Revolution [Vefútgáfa]. *Journal of Consulting and Clinical Psychology*, 70, 678-690.
- Vogt, M.T., Hanscom, B., Lauerman, W.C. og Kang, J.D. (2002). Influence of Smoking on the Health status of Spinal Patients [Vefútgáfa]. *SPINE*, 27, 313-331.
- Wilson, K.G., Eriksson, M.Y., D'Eon, J.L.D., Mikail, S.F. og Emery, P.C. (2002). Major depression and Insomnia in Chronic Pain [Vefútgáfa]. *The Clinical Journal of Pain*, 18, 77-83.
- World Health Organization (e.d.). WHOQOL: *Measuring quality of life*. Sótt 17. apríl 2006 frá, <http://www.who.int/evidence/assessment-instruments/qol/index.htm>