I WILL NOT BURY MY ROMANTIC SOUL

by Ellen Vanderstraeten

I Will Not Bury My Romantic Soul by Ellen Vanderstraeten is the graduation work from the Department of Performing Arts at Iceland University of the Arts.

I Will Not Bury My Romantic Soul is an experiment in search of how to make sense of our own bodies.

I experience my body often as num, alien to itself and hyper sensitive. I believe bodies carry certain burdens with them. One year ago I stumbled upon a video on youtube called ‘Memoria do corpo’ by the Brazilian artist Lygia Clark. After this significant encounter I started a journey guided by Lygia of collecting objects and applying them to peoples bodies. In silence, repetitively, in the their own home and over a specific period of time. In these sessions I practice sensible listening to the other and open up for spaces where new pulsations and sensations can arise, in the hope that some of our burdens can be lightened.

The performance is the result of my desire to open up my research in a collective experience bringing together deep rooted personal fascinations for curious worlds such as ‘Ikebana’ and ‘Haikus’ (traditional Japanese flower arrangement & poetry), ‘ASMR’ (autonomous sensory meridian response) and various of therapeutic healing practices.

LINK TO ARTIST TALK: https://vimeo.com/356868761
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